



Norman L. Fredericks

APR 18, 1942 - JAN 25, 2025



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Norman L. Fredericks

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Norman L. Fredericks, 82, of East Syracuse, passed away peacefully on Saturday, January 25, 2025, at St. Joseph's Hospital surrounded by his loving family. Born in Syracuse, son of the late Neil and Irene (Maud) Fredericks, he was a life resident of the Syracuse area and a proud U.S. Navy Veteran. Along with his parents, Norm was predeceased by his brother, Charles Fredericks.

He is survived by his devoted and loving wife of 50 years, Alice (Smith) Fredericks; son, Alan (Melissa) Fredericks; daughter, Alison (Jose) Camacho; grandchildren, Aidan, Chase, Ava, and Lia; brother, Paul (Anne) Fredericks, as well as several nieces and nephews.

Norm attended and graduated from North High School class of '61 where he excelled in multiple sports. He was a member of the baseball and track teams where his fast speed earned him the nickname "Jeeters". He was captain of the volleyball and bowling teams and a member of the Pompei CYO basketball team. After high school, he enlisted in the U.S. Navy which gave him the opportunity to see and explore Europe. While in Italy, his positive reputation resulted in him being chosen to guard the mock casket of John F. Kennedy while people paid their respects. Norm loved to share stories such as eating fresh squid drenched in lemon juice while in a gondola drinking a glass of red wine or physically bumping into Frank Sinatra after getting out of an elevator.

Norm developed a huge love for lacrosse when his son took up the sport in high school. He became an SU Stickmans Club member during the 90's and attended countless SU tailgates/games and multiple final fours. The people and players he met along the way created fond memories that Norm often reminisced about. He worked for many dedicated years as a painter for Syracuse University and enjoyed watching SU sports and cheering on the N.Y. Yankees.

A huge country music fan, Norm vacationed in Nashville and sang on the Grand Ole Opry stage (during the tour) and everyone clapped as if they were seeing a real country music star. Over the years, Norm met many famous singers and was thrilled to chat with them and get a photo. The



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Kingston Trio performed in his basement and Loretta Lynn even asked what he was waiting for when she saw he hadn't yet asked Alice to marry him.

Above all, family was most important to Norm. Not a day would go by that he wouldn't share a hug, kiss or say I love you. In 1974, he married the absolute love of his life. 50 years of true love built an unbreakable bond filled with countless happy memories. He cherished his two children and was the proudest father. No matter how tired he may have been from working all day he would take his kids on bike rides and read them stories before bed. Norm worked tirelessly to ensure the family could take a vacation every year whether it was working overtime or painting jobs on the side. He created lasting memories of family trips to Florida, Cape Cod, Arizona, North Carolina and many other destinations. Norm never lost his love of traveling and experiencing new adventures. He went on multiple cruises including one that returned to their honeymoon destination of Aruba celebrating their 25th Anniversary. His favorite trip of all was Hawaii where he got to pay respects to the fallen soldiers of Pearl Harbor. Norm even climbed up the trail to the Diamond Head volcano just six weeks after having knee surgery.

When Norm walked into a room the atmosphere came alive for "Stormin Norman." His personality shined incredibly bright due to his warmth, humor, positivity, humility, and outgoing nature. Norm made friends everywhere he went that we used to think he was running for mayor. He would do anything for anyone with a smile on his face and singing a song. The addition of his grandchildren brought him even more joy. His love for them was unmatched and he was their number one fan at all of their extra-curricular activities, events and milestones. Norm will be immeasurably missed, but forever in our hearts.

Visitation will be held on Friday, January 31, 2025, from 4:00 – 7:00 P.M. at the THOMAS J. PIRRO JR. FUNERAL HOME, 3401 Vickery Rd. (corner of Buckley Rd.) North Syracuse, NY. A funeral Mass in celebration of Norman's life will be held on Saturday, February 1, 2025, at 10:00 A.M. in St. Matthew's Church, 229 W. Yates St., East Syracuse, NY.

In lieu of flowers, contributions in Norm's memory may be made to the St. Matthew's Food Pantry, 600 W. Manlius St. East Syracuse, NY 13057.




Events


Norman L. Fredericks

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Visitation

 **Friday**, January 31, 2025


 4:00 PM - 7:00 PM ET


 **Thomas J. Pirro Jr. Funeral Home**
3401 Vickery Rd, Syracuse NY 13212

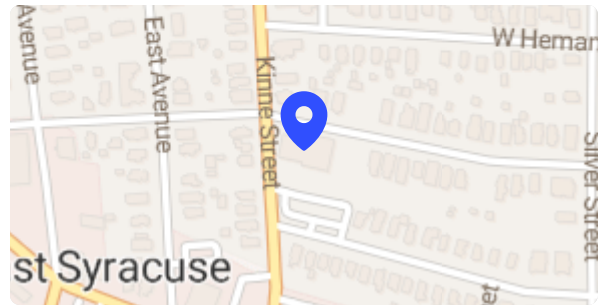


Funeral Mass

 **Saturday**, February 1, 2025

 10:00 AM ET

 **St. Matthew Church**
229 W. Yates Street, East Syracuse NY 13057





Tribute Wall

Norman L. Fredericks

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Thomas J. Pirro Jr. Funeral Home shared a **Tribute Video**.



January 31 at 9:48 AM



Vito lit a candle in honor of Norman.

Alice and Family, Norm was the best! Always there for everyone, A great husband, Father, grandfather, uncle, brother and friend. Sending prayers and condolences to you all. God Bless Norm.



February 2 at 10:08 AM



The Tihic Family sent a Sweetest Sunrise Bouquet to the Fredericks family.



January 31 at 7:41 AM



Kurt Yackel posted:

Dear Alice, Alan, Alison and family. I am so sorry for your loss. May your memories of Norm bring you comfort and peace through this difficult time.

January 30 at 8:05 PM



Tribute Wall

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PN

Patricia Nappi sent a virtual gift in honor of Norman.

Dear Alice and Alan and Alison and your spouses and children and family Norm was real all round amazing man who adore you all their story book love him and Alice is so amazing and Wonderful and „and his children were his pride and joy he told them so much and Respect and love and much more,god bless him and life and Tribulations and his travel before or after with Alice and family „Ge was so good to me and my family and he made my husband feel so good singing with that met a lot to him thank you Norm,And they always came and showed about for everything we had thank you both for that ,And his Son the love he showed my ma at he time of need and before and for Joey the love he showed me and Alison so thank for us coming to her baby shower and her beautiful Daughter Baptism and first Birthday always both of them treating us like family ,I know how hard it was to watch Norm go threw the pain but he need you all to be their and be his advocate ,god knew that you all were their he made be able to talk that meant a lot I know god and norm are watching over you I knew I will see him at the Pearly Gates singing waiting for us what are hour in Italy for the greatest President of are time and wait to my Kate see and know Norm ,he saw he love Frank Sinatra That great he was amazing god bless Patty and Tom and Tommy the Nappi /Dery 🙏🙏🙏❤️❤️❤️🕯️ITUSUS



January 28 at 12:16 PM

RC

Ron Cocciole sent a virtual gift in honor of Norman.

To the Norm Fredericks family. I am sorry for your loss. I went to North High School with Norm. The class of "61" consisted of great people and Norm was one of the best. I was proud to know him and considered myself a good friend.Ron Cocciole



January 30 at 10:28 AM

PO

Patty Ostuni lit a candle in honor of Norman.



January 29 at 8:22 PM

PO

Patty Ostuni January 29 at 8:28 PM

Alice and family .I am so sorry for the passing of NormHe always greeted people with his great smile..Alice he will always be your shinning star.Rest in peace norm and God bless you Alice and your children



Tribute Wall

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VF

Vespi Family sent a Beautiful in Blue to the Fredericks family.



January 29 at 6:53 AM

RF

Robbie Wells/Florida lit a candle in honor of Norman.

Alice & Family, my sincere condolences go out to you all during this tough time with Norman's passing. He always had that smile on his face when he saw you and would always say hi. Rest in peace Norman, and may God grant you and your family blessings.



January 29 at 5:34 AM

PF

Paul Fredericks posted:

My dear big brother, I have never known a better role model for being a loving husband, father and grandfather. That ever-present smile, positive attitude and overall great outlook on life just could not be matched. Every time I see Alan & Alison, I always see a bit of you in them and think what a great job you did as a dad! And now I see them passing along the values you instilled in them to their own children. I can think of no better legacy than that. Your light has touched everyone that has ever known you. You will be missed dearly but remembered always. Love, Your little brother. Paul

January 28 at 4:52 PM

JC

Jean (Smith) Cadwell sent a Crystal Cross Bouquet to the Fredericks family.



January 28 at 4:20 PM

TF

The Demjanec Family sent a Beautiful in Blue to the Fredericks family.



January 28 at 4:10 PM



Tribute Wall

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The Demjanec Family planted a Memorial Tree in honor of Norman.



January 28 at 4:10 PM



Anonymous sent a Beautiful in Blue to the Fredericks family.



January 28 at 3:01 PM



Margaret (Peggy) Chase posted:

Alice, Alan and Alison. My thoughts and prayers are with you. There are so many to greet Norm in heaven. Loved him....he was so nice and always willing to do anything to help someone else. He adored you....and especially the kids. Such a proud grandfather. Wonderful memories to always keep him close. Love you guys. Peggy

January 28 at 1:23 PM



B. Demjanec posted:

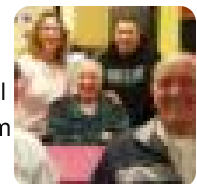
Alice and family, I was saddened to learn that Norm left this world for heaven. The time I spent in the company of your family: it was so plain to see how much he loved everyone so and always made me feel welcome. His smile was the greatest and was truly contagious. His memory will burn bright for the many people that had the chance to know him. May God bless you and give you and your family comfort during this time.

January 28 at 1:21 PM



Fran And Bob Piraino shared a photo to the **Tribute Wall** album.

Alice and family: I'm heartbroken to hear of Norm's passing. He was such a wonderful person who adored you and his family. I have so many fond memories of talking to him (and the gang) at the Bowl Mor coffee counter. God Bless him.



January 28 at 1:07 PM



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DR

Donna Ruth posted:

We go back to the mid '60s. Norm is our daughter's godfather and we have always had a special place for him in our hearts. He was full of life and a happy person. Always ready to give. Will miss him. Rest in peace, our dear friend. Donna and Bob Ruth

January 28 at 12:52 PM

GG

Gina Gondek posted:

Alice and family when my dad told us that Norm had died my heart drop he was such a great man full of life and his smile would bright up the world . He always was such a happy person . He was such a sweet guy . Heaven had gained an angel with a beautiful soul he was a great grand father husband and dad to your family Me and Joe are sorry for your loss we loved Norm to the moon and back Gina Gondek and Joseph Cooter fiancé of Gina Gondek

January 28 at 12:27 PM

AP

Antoinette Pallotta lit a candle in honor of Norman.



January 28 at 12:20 PM

AP

Antoinette Pallotta posted:

Alice & Family, Norm a Gentle Giant of a Man, Beautiful Picture of that Smile that he gave to so many, I am so sorry for your loss, God Bless Him & You All, Rest In Peace, Thank You So Much for being in our Life Love Antoinette & Frankie ❤️🙏

January 28 at 12:16 PM



Media

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Thomas J. Pirro Jr. Funeral Home shared a **Tribute Video**.

January 31 at 9:48 AM



LZ **Laura Zindle** February 4 at 7:33 AM
He was a very nice man.

PY **Patti Youker** February 4 at 5:56 AM
This is a beautiful tribute to Norm. Truly an amazing man!



Fran And Bob Piraino shared a photo to the **Tribute Wall** album.

January 28 at 1:07 PM





Memories only last if you share them

Join us in honoring Norman by contributing to a collection of shared memories.



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